

KNOWING WHEN TO QUIT YOUR JOB

You're thinking of jumping ship? Should you stay or should you go? More than 2 thirds of employees are dissatisfied with their current role. Not everyone is lucky enough to be working in their dream job. Over the last 5 years resignations have risen by 57% since the start of 2010. (according to the [U.S. Bureau of Labor Statistics](#).)

Change can be frightening and sometimes it seems easier to put the feeling of termination aside and just knuckle down with the treadmill of your role. BUT very rarely does one look back on their life and regret the things they did and the leaps of faith they made. Most people look back and wish they would have made that jump, tried something new, gone for that dream job.

If you've been questioning your existing role and feel it's time to make a change, here are 9 reasons people are resigning and why you should, too:

- 1. You long for more exciting opportunities & for a step up that career ladder.** This is one of the top 3 reasons people leave their current roles, the desire for more opportunity. If it's not available to you in your current company – then its time to go where it is available.
- 2. You want a better work/ life balance.** A lot of employers are now offering more flexible working patterns and with today's advancement in technology, it's not difficult. People want to enjoy their life and pursue other passions other than work – no a day's work tends to be a means to helping you pursue those passions. Home working and flexible hours can mean less wasted time sat in traffic - and more time for personal pursuits.
- 3. You want to feel part of the wheel and more involved.** Another of the top 3 reasons for employee unhappiness is the feeling that you are not involved or included in the mechanics of the business. Communication and inclusion are vital for any business to grow and survive. Quite often the best ideas come from those on the shop floor and stop stagnation and the same ideas coming from the board room.
- 4. The dread & trepidation of going to work each day.** We spend too much of our lives actually IN work to not enjoy the role or even the environment we work in. Remember the saying "life's too short" – well in this case life's too short to hate your job.
- 5. You feel that your skills are untapped. Have you ever thought that you are over qualified for your role?** If your current employer can't use or even see your potential then it's time to be utilized else where.
- 6. You long for a better salary & benefits package.** A great number of people in employment feel that they aren't getting paid their worth. If you have researched your market rate and you come under it – then you need to do something about it.
- 7. You are not being appreciated.** A great number of employees leave due to lack of recognition. Gratitude, respect, and saying thank you costs nothing – yet why do so many employers forgot to do it?!
- 8. You don't feel you fit with the culture.** If you have you been feeling like the odd person out at work, you could have outgrowth the companies culture – or maybe you didn't fit in in the first place. When choosing an organization to work with – it's vital that you feel at home and can flourish.
- 9. You don't like your boss.** They say people leave bosses and managers – NOT businesses and organizations. If you feel like your manager has not been a good leader or respected you as an individual then it's time to find an opportunity that appreciates your hard work and loyalty.

